ESCAPE TO...

DELLA ADVENTURE & CAMP DELLA, LONAVALA

At Della Adventure, you live your adrenalin fantasies of being James Bond, Superman, Spiderman or even Tarzan. After all it is India’s largest adventure park and corporate outbound training destination. The brainchild of Jimmy R. Mistry, chairman and managing director, Della Tecnica Group, the park has 100 thrilling adventure activities, with the country’s longest flying fox zip line at 1,250ft, highest rocket ejection at 4 S floors high, permanent public track for dirt-bike racing and the first four-lane night rappelling.

‘Getting high’ is redefined at Della Adventure with India’s first permanent bungee jump (150 ft.) and swoop, a 100ft ride constructed by a team of expert engineers from New Zealand. Swoop is the first such ride in India and the second of its kind around the world. Land zorbing is another attraction on India’s first permanent and longest natural turf incline at 200ft. The park is the only facility in the country to house all four zorbing activities including aqua zorbing under one roof.

COST: Rs 14,678 for two including stay in air-conditioned tents & breakfast.

HOW TO GET THERE:
LonaVALA is about 90km from Mumbai; dellassorts.com

11 a.m. – Beachfront Games
The humble name belies its splendor: the Jamaica Inn opened in 1950 as a pette, well, inn. A honeymooning Marilyn Monroe and Arthur Miller were once among its guests, but the property is now a grand yet quite homey haven. Leave your bags at the front desk (check-in time is 3 p.m.) and collect your mallets. Yes, mallets. By the beach is a charming croquet lawn, perfect for a late-morning match. Follow it up with an afternoon swim in what’s arguably Ochi’s most immaculate beach: white sand, supernaturally clear waters and a backdrop of waves striking rugged cliffs.

11.30 a.m. – Regal Nightcap
Kingston’s specialty isn’t nightcaps, it’s bashments: outside pre-dawn till-light dance halls parties, where the bass line thumps in choirt-block clubs or at crowded street dances. But there’s now an exception to that. The Regency Bar and Lounge at the newly refurbished Terra Nova All-Suite Hotel is an upscale oasis, with plush velvet lounges and gold-accented decor, with a bar menu to match: duck pizza, curried-lamb or jerk-pork sliders. Best part of the menu: 50-year-old Appleton rum, a local delicacy (wines from $6; cocktails from $5; no cover charge).

SATURDAY
8 a.m. – Hit the Road
Don’t close your eyes for a quick nap on the morning ride to ‘country,’ as Kingstonians call any region outside the capital city, lest you miss breathtaking vistas. The two-and-a-half-hour drive from Kingston to Ocho Rios...