Fun day out

Love outdoor activities? Here’s our pick of a few places in and around Mumbai that will satiate your adventurous soul

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After all that hard slogging and hectic schedule, the first thing that comes to mind on Thursday night is ‘TGIF’ (Thank God it’s Friday). Who doesn’t want a weekend holiday? Just to keep you out of the maddening rush of Mumbai and to rejuvenate your mood with some adventure and outdoor activities, here are a few destinations to try out this weekend.

Della Adventure

The adventure ignites the moment one enters Della Adventure. Adrenalin-rushing rides, restaurants, spa and salon, a music lounge among others, are what one can experience while being there. It has a wide range of nearly 85 thrilling outdoor activities, such as water zorbing, rappelling, paintball, bungee trampoline, para gliding, cycling, golf, archery and much more. It has something for every family member to rejoice. It’s a combination of fun, luxury and entertainment.

Located just beside the Mumbai-Pune Expressway, Della Adventure is well connected to both Mumbai and Pune by several means of transport.

Where: Kune gaon, Lonavala

Arnala beach:

With the monsoon upon us, beaches are now the best bet for families and friends to indulge in many outdoor activities. Arnala beach is gaining the momentum in its count of visitors in recent months. There are many resorts on the beach front. ‘My friends and I have started going to Arnala just to play cricket and volleyball. One can also enjoy paragliding at reasonable rates. It’s a great place, away from the city, and you can always have fun at the water resorts nearby’ says Jaynish Shah, who spends a day of his month at Arnala beach. It’s said to be one of the finest beaches around Mumbai, to be surrounded by coconut trees. You can also visit other beaches like the Kalam beach and Rajori beach, which are adjacent and connected to Arnala beach.

Where: Arnala beach, Virar (West)

Aamby Valley

“The mesmerising aura delights you the moment you enter the twin gates of Aamby Valley. The place is far more enticing during monsoon. I’ve been there to attend a meeting but now I am sure I will be there with my family on a weekend,” says Tejas Doshi, who found that nothing can be better than going to Aamby Valley for a getaway. One can indulge in many recreational activities — soothling Kerela ayurvedic massage, dancing at disco, shopping, dining et al. It also provides facilities for table tennis, hockey, cycling, rappelling, bungee jumping, rock climbing, aqua sports, beach volleyball, beach cricket, water basketball and much more.

Where: One can drive via expressway to Lonavala and then take the route past Bushi Dam to the valley

Alibaug beaches

It’s said to be the ‘no stress zone’. The best part to visit Alibaug is the fabulous journey to it by a ferry from the Gateway of India. One can choose to stay at any of the resorts or rent out bungalows there. The swaying coconut trees add to the beauty of the beaches and the glistening sea makes them more serene. Nagaon beach near Alibaug is popular for its adventure sports. You can enjoy paragliding, banana ride, speed boat, horse cart, horse riding and much more at reasonable rates. Other must-visit beaches in Alibaug are as Varsoli, Awaas, Thal and Kihim.

Where: Alibaug is 108 kms from Mumbai by road or a journey of three hours via Navi Mumbai. The quickest way to get there however would be to catch a ferry from Gateway of India. g_amidnaindia.net